



# NORTH WASATCH RECOVERY

*We believe that the disease of addiction can be destructive and can leave one feeling hopeless. It can prevent an individual from accomplishing their goals and dreams. Through our empathy and compassion, we dedicate ourselves and our method of treatment to ensure a solid recovery, a fresh start to attain full potential, and a new way of life.*

## DAY TREATMENT PROGRAM

- For individuals needing heightened treatment in an outpatient setting.
- Individual Therapy
- Experiential Therapy
- Didactic Group Therapy

## INTENSIVE OUTPATIENT PROGRAM

- For men and women requiring a primary, structured treatment program and who are able to establish abstinence and recovery within the context of their usual daily activities.
- Targeted curriculum focused on relapse prevention.

## ON CAMPUS SOBER LIVING

North Wasatch Recovery offers a safe, confidential, and sober living environment for men and women who are in treatment, completing treatment, or transitioning back into the community. Our services are designed for those who are looking for a drug/alcohol free, crime-free, supportive and safe place to live.

The facility is fully furnished, with a community kitchen, living space, and dining area.

- Adult program (18 and older).
- Therapeutic community.
- Solid clinical program.
- Specialized day treatment program
- Safe and affordable treatment to fit a families budget.
- Accept most insurance plans.

**NORTH WASATCH RECOVERY | OGDEN, UT**

**[www.northwasatch.com](http://www.northwasatch.com) | [recover@northwasatch.com](mailto:recover@northwasatch.com) | 855-95-REHAB (7-3422)**